

# IARC Says Air Pollution Is Cause of Lung Cancer ( but help is available today )

Posted by : Rocky Mountain Saunas Team / Oct 22, 2013

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The International Agency for Research on Cancer (IARC) declared on Thursday, that ***air pollution is a carcinogen***, alongside other known dangers such as asbestos and tobacco. The scientifically validated decision came after a consultation by an expert panel organized by IARC, the cancer agency of the World Health Organization, based in Lyon, France.

**“The air most people breathe has become polluted with a complicated mixture of cancer-causing substances,”** said Kurt Straif, head of the IARC department that evaluates carcinogens. He said the agency now considers pollution to be “the most important environmental carcinogen,” ahead of second-hand cigarette and cigar smoke. Straif said the main sources of air pollution are widespread, including transportation power plants and industrial and agricultural emissions.

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## **Rocky Mountain Saunas has a Solution for this Challenging Health Issue.**

So, what we have all suspicioned is now a public fact. What can we do to offset the dangers of air pollution to our health? We certainly can't stop breathing the air wherever we go, and the pollutants we breathe are not metabolized and are not expelled from our body via the normal function of

bowels and kidneys.

**The Good News is that [far infrared sauna](#) therapy has shown to be extremely efficient in eliminating from our bodies all manner of toxic chemicals, heavy metals, and carcinogens.\***

Non metabolized toxins are primarily stored in the fat cells of our body. Profuse deep heat sweating has proven to be the most effective and natural way to get rid of the toxic junk we accumulate from air, water and food.\*

[Detoxification for your whole body](#): Far infrared heat therapy is one of the safest and most efficient detoxification methods for expelling harmful environmental toxins, insoluble chemical residues and dangerous heavy metals from the human body!! Whole body detoxification is one of the cornerstones of far [infrared sauna](#) therapy and responsible family health maintenance.\*

Contact us to hear about personal sauna solutions for your home. Call 1-888-358-1270 now.

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